

**First Friends is a Quaker Meeting
building healthy relationships
with God, one another, and all creation.**

**336-299-8869
www.friendlymeeting.org
office@firstfriendsmeeting.org**

**Office Hours:
Monday: Closed
Tuesday-Friday: 10:00am-3:00pm**

Ministers: Everyone

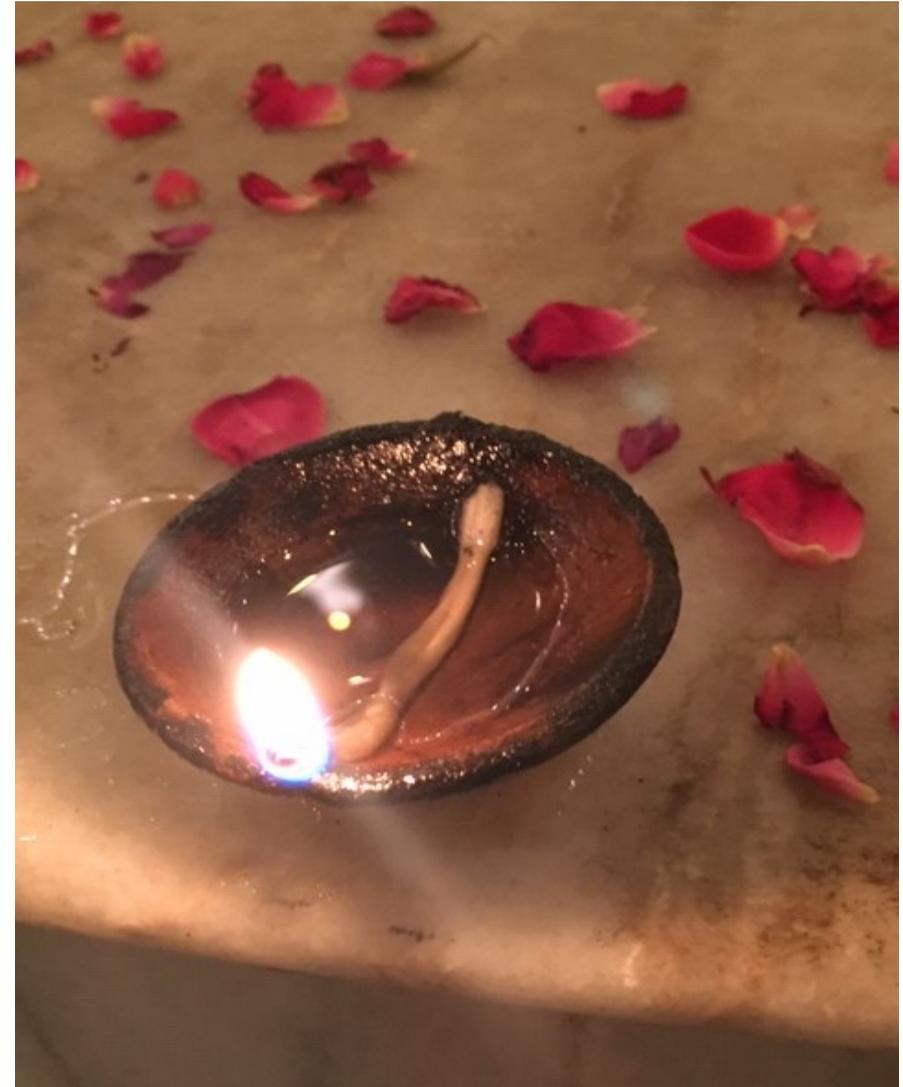
**Don Durham, Intentional Interim Pastor
Sheila Hoyer, Pastor of Education and Outreach
Monica Citty Hix, Minister of Music
Ellen Ramsey, Office Manager
Pam Reese, Treasurer
Ana Huckins, Outreach and Education Intern
Sidney Michael Holliday, Nursery Care
Will Spencer, Nursery Care
Bill Davis, Monthly Meeting Presiding Clerk
Beth Joyce, Clerk of Ministry and Counsel
Margaret Rowlett, Clerk of Personnel Committee**

To email a Clerk or Staff: (first name)@firstfriendsmeeting.org
Don, Sheila, Bill, Beth, Monica, Jean, Ellen or Pam

Sunday Gatherings

Unprogrammed at 9:00 a.m. in the Gathering Room
Choir Practice at 9:45 a.m.
Sunday Morning Gatherings at 10:00 a.m.
Semi-programmed at 11:00 a.m. in the Meetingroom

*Childcare available in the Nursery
(Six years of age and younger)*



***First Friends Meeting
February 17, 2019***

9 am: Unprogrammed Meeting

11 am: Programmed Meeting

Gather and Center

Prelude *Contemplation* Gaul

Welcome and Announcements Sheila Hoyer

Joys and Concerns

Silence for Centering Prayer

Listen and Respond

Hymn 87 *Come, Christians, Join to Sing*
(please stand as you are able)

Young Friends Message Mary Nelle Smith

Offertory Invitation and Prayer Sheila Hoyer

Offertory *Agnus Dei* Kean

Scripture Psalm 67 New Revised Standard Version (NRSV) Sheila Hoyer

Hymn 551 *As a Fire is Meant for Burning*
(please remain seated)

Message "Opening Our Hearts to the Light." Jaimie Mudd

Waiting Worship After the Manner of Friends
If led to speak, please stand and wait for a host to bring a microphone.
Please allow for a few minutes of silence between messages.

Go Forth in Spirit

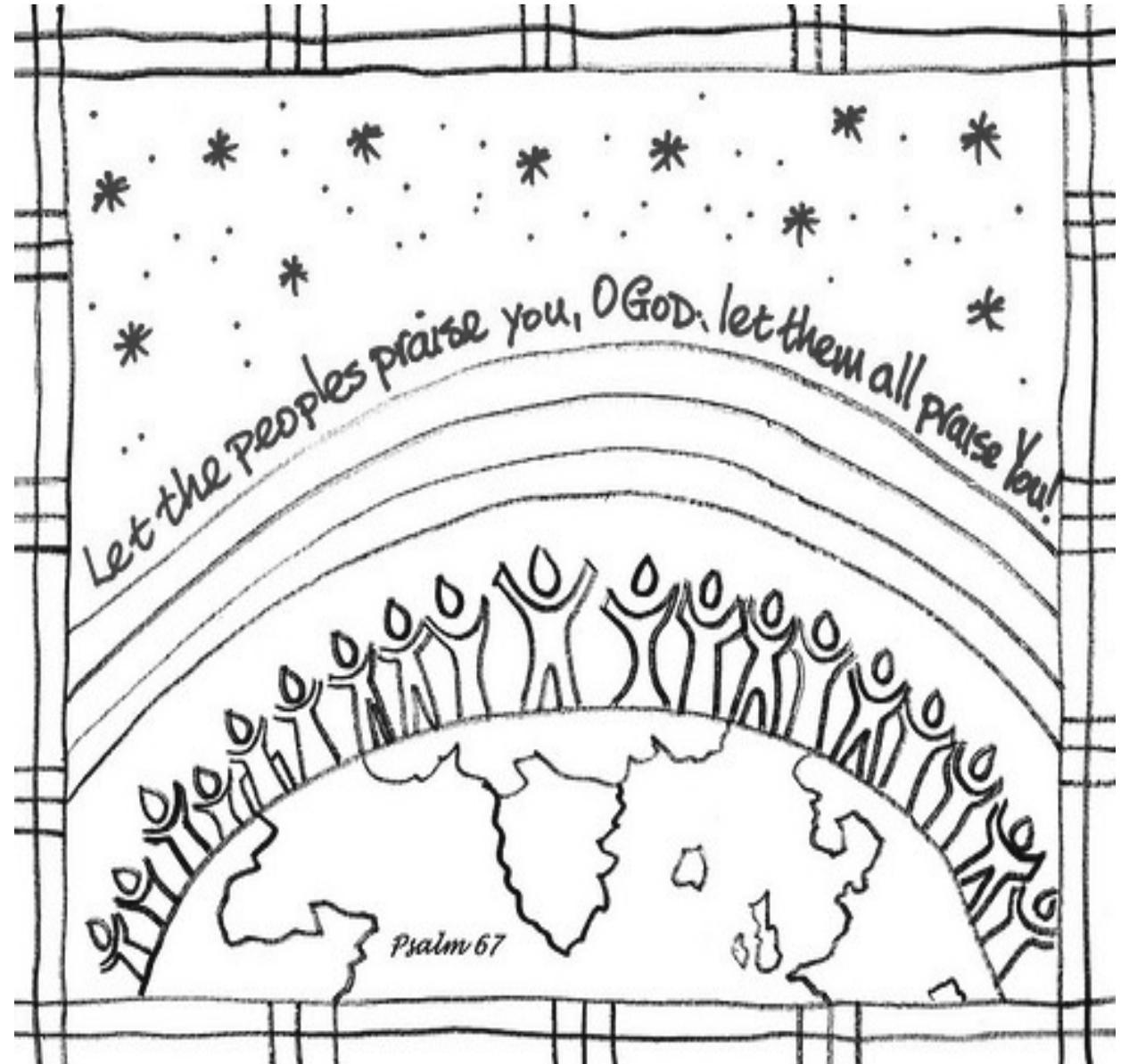
Benediction Jaimie Mudd

Sung Response *I'm Gonna Live So God Can Use Me* Hymn 574
(stanza 1)

Please close Meeting for Worship by shaking hands with your neighbors.

Our thanks to Bob Winsor for sharing his musical talents during worship service this morning.

COLORING PAGE



REFLECTIONS AND NOTES

Jaimie Mudd will deliver the message today. Jeanne-Marie (Jaimie) Mudd is the founder of Watershed Ways providing ministry consulting, spiritual direction, and business coaching. She leads workshops that strengthen the heart and soul of Friends along with their Meetings/ Churches. Now in her 27th year as a Friend she brings a disciplined Christian practice to 21st century faith communities and has a deep wellspring of faith, tradition and creativity that informs her life and work. Jaimie currently serves as a ministry consultant for Fairfield Friends. She holds a master's in counseling psychology degree from Arizona State University and is currently an MDiv. candidate at Earlham School of Religion (ESR) having completed ESR's Certificate in Entrepreneurial Ministry in 2018.

Joining Jaimie on the facing bench is Sheila Hoyer. Sheila is Pastor of Education and Outreach at First Friends Meeting.

*Today's flowers are given in loving memory of
Brock and Sue Wood
by David and Janice Wood.*

First Friends warmly welcomes visitors.

Please complete the visitor card and place it in the offering plate.

We invite you to contact pastoral staff with any questions.

Please help yourself to Quaker literature in the foyer.

Activity packets are available for children as well as a fully staffed nursery.

Hearing devices are also available.

Please see a morning host for assistance.

Gentle Reminder: Please silence all electronic devices.

Psalm 67 New Revised Standard Version (NRSV)

May God be gracious to us and bless us
and make God's face to shine upon us, *Selah*
that your way may be known upon earth,
your saving power among all nations.

Let the peoples praise you, O God;
let all the peoples praise you.

Let the nations be glad and sing for joy,
for you judge the peoples with equity
and guide the nations upon earth. *Selah*

Let the peoples praise you, O God;
let all the peoples praise you.

The earth has yielded its increase;
God, our God, has blessed us.

May God continue to bless us;
let all the ends of the earth revere God.

Betsy Blake was asked to write an essay for *Quaker Life Magazine* on the experience of sponsoring refugees. She has received requests to share copies, and is sharing via the following link: '**Have You Not Loved**'.

<https://m.facebook.com/notes/betsy-blake/have-you-not-loved/10155997690095770/>.

You're invited to enjoy **Hope Fest, a free multicultural dance festival to benefit Greensboro Urban Ministry and A Simple Gesture**, two agencies active in fighting hunger in our community. The festival is from **2-4:30 p.m. Sunday, Feb. 24, at First Lutheran Church, 3600 W. Friendly Ave. in Greensboro**. Hope Fest, a new initiative to build connections and to improve community relationships among diverse groups, will feature seven dance groups, including Hindu, Israeli, Cambodian, Irish, Native American, African American and Latino. The Triad Tapestry Chorus from the Piedmont Interfaith Council will offer an opening performance. Also, a Unity Food Court will provide coffee, teas, bottled water and global treats for sale. All are welcome! Donations appreciated.

Life Line Screening, a leading provider of community-based preventive health screenings, is pleased to offer a preventive health event at **First Friends Meeting on March 1, 2019**. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. There are three ways to register for this event and to receive a \$10 discount off any package priced above \$129, please call toll-free 1-888-653-6441 or visit: <http://lifelinescreening.com/communitycircle> or text the word circle to 797979.

United Society of Friends Woman (USFW) - Your "LOVE" Dollars

A "LOVE" Dollar is an \$1 with  on it.

Have fun searching these out and then be excited to contribute your dollars to United Society of Friends Woman's (USFW) Local Needs Mission. (Prayerfully distributed as needed). See Alicia Sharp with your donations or any USFW lady will be happy to receive your "LOVE" dollars.

New Exterior Lights. New LED light fixtures have been installed around the exterior of the Meetinghouse. They are all motion-activated and will come on as a car drives or a person walks near the building. The switches that control those lights will remain on at all times so there is no longer a need to turn them on or off.

Kitchen Feedback Needed

The House & Grounds Committee has been discussing the future direction for our kitchen for several years. In September we conducted an online survey to get a sense of what individual members of the Meeting would like to see done. We had a total of 69 responses:

- 44 (64%) said we should restore the kitchen to full functionality as an institutional kitchen;
- 22 (32%) said we should replace only the dishwasher so we can use non-disposable plates, utensils, etc.;
- 3 (4%) said we should leave the kitchen as is.

Given the interest shown by the survey, we visited 3 other Meetings/churches (New Garden and Deep River Friends, and Hinshaw Methodist) to see their kitchens. We also met with a sales rep from All-State Restaurant Supply Company and with their kitchen designer; she has drawn out a possible plan for an update for our kitchen. Based on discussions with these two consultants, our ballpark estimate for a total re-do (equipment, utilities, plumbing, walls/flooring) is on the order of \$150,000. The project could lend itself to being phased-in over time or being scaled back to a partial re-do.

During January and February House and Grounds members have been visiting other committees and groups to get feedback on future use of the kitchen. Our basic questions are – What would we be able to do with a more fully functioning kitchen that we can't do now? How do you see the kitchen being used beyond how it is presently used: fundraisers? community outreach? more lunch and learn events?

We would now like to get input from the Meeting at large as well. If you have thoughts you would like to share in answer to these questions please email or call Barbara Potts (bpotts@triad.rr.com) or any member of the House and Grounds Committee.

JOYS AND THANKSGIVINGS

To **Brent Bill** and all those who organized, contributed and attended towards making his visit a success last weekend.

Thanks to **David Gilbert** for coordinating our First Friends Fun Squad bowling and buffet events last Saturday. Everyone had plenty of fun!

IN THE LIGHT

Please hold William English in the light. William broke his collarbone. He had surgery Monday and all went well. He has several weeks of recovery ahead. Allyson and family appreciate our prayers.

Gail Phillips' step-daughter Krista Phillips in Phoenix, Arizona has been diagnosed with cancer.

Please continue to hold the O'Ferrell Family in the light. Nancy O'Ferrell, a friend of Gail Phillips' passed away last week in Virginia. Nancy's husband, Ralph O'Ferrell is in the hospital undergoing back surgery.

We continue to hold Mandi, Kaz, and little Kai in our prayers.

We hold **Brad McHargue** in our prayers as he continues cancer treatments.

PRAYERS FOR ONGOING HEALTH CONCERNS

Fred and Jean Small. Jim Wilkinson. Ray Hurley. Dawn Davis' mother. Heidi McLaughlin's son Christopher. Mary Elizabeth Barwick and Patrick Tillman's mother, Marian. Helen's Hoffman's mother, Laurel Hayes. Helen Hoffman's friend Christina. Katie Lebrato's friend Shelley. Akil Ramsey. Jay McCracken and Diane Burn's granddaughter, Ruby. Steve Hoffman. Norm Klos. Ann Burnett.

CALENDAR AND ANNOUNCEMENTS

Please join us this Sunday, February 17:

8:45am Christian Education Committee, Room 203

9:00am Unprogrammed Worship. Jamie and Dan will attend.

9:45am No Choir Rehearsal

10:00am Small Group Gatherings:

Adults: Jamie will lead a session during the 10am small group hour in the Meeting Room.

Faith Seekers: The youth group (ages 12 and Up) will continue planning Youth Sunday this Sunday at 10:00am in Room 203. They will lead worship on Sunday, March 3. We will work on planning every Sunday leading up to the 3rd. Leaders: Ana Huckins and Sheila Hoyer.

Godly Play: Children ages 4-8 (Room 207) and 9-11 (Room 205) will participate in Godly Play. Leaders: Emily Daniels, Allyson English, Kary Gray, Jennie Hunt, Emily Riley, Julie & Patrick Tillman and Kristina Wright. **(We will combine classes today with Jennie Hunt and Mary Nelle Smith leading).**

Nursery Care: Newborn through age 3. Cidney Michael Holliday and Will Spencer are our fun and loving childcare team in the nursery.

11:00am Meeting for Worship...Pastor Candidate Jaimie Mudd will bring the message.

12:00pm: Carry-In Lunch with Jaimie and Dan, Fellowship Hall

Quakerism 101 will be offered for 5 weeks which started in February. If you are new to First Friends, curious about our beliefs and practices or considering membership please join us! We will meet in Room 208 at 10:00am. Please help spread the word to newer folks you've met and invite them personally!

Topics will include:

- February 17 - Pastoral Candidate, Jaimie Mudd
- February 24 - Quaker Business and Clerking with Bill Davis
- March 3 - TBA

Building Reminder:

Incidents of lights being left on overnight and doors being left unlocked are increasing. In an effort to be more environmentally conscious please be sure if you turn on a light that you turn it off when you leave. Along the same lines, if you unlock a door please lock it back when you leave or make sure someone else is designated to take care of that. Thank you!

Monday, February 18: Financial Peace University, 6:30pm, Gathering Room

Ecologist to speak Tuesday, February 19, 7pm. Dr. J. Drew Lanham, Alumni Distinguished Professor of Wildlife Ecology at Clemson University, will give a talk in the Carnegie Room of Hege Library on the Guilford College campus. Drew's talk is entitled "*Loving the Land -- The Heart's Way Forward to Nurturing Nature in the Anthropocene.*"

SPIRITED SPIRITS! Come enjoy a margarita or beer, fellowship, and "spirited" discussion at this month's Spirited Spirits. This month's topic is Doubt. **We will meet in the back room of Poblano's at Friendly Center, Thursday February 21, at 6:30pm.** Questions? Contact JJ or Lindsay Novacek at lindsay.novacek@gmail.com.

Well-Being with Kimberly Ann Rathburn will begin in March on Sunday mornings at 10:00am. What is well-being? How do you know you have it? If you don't have it, how do you get it? These are the questions we will be asking and answering in our Well-Being for Life class. We will look at well-being steps to live a more vibrant life in areas of health, job/career, community/relationships, finances, and spirituality.

NC Fellowship of Friends Business Meeting, March 30, 2019, Deep River Friends Meeting:

- 9:30 a.m., Gather
- 10:00 a.m.-12:30 p.m., Committees and Working Groups
 - Recording Committee
 - Social Justice Working Group
 - Youth and Children Working Group
 - Meeting Nurture and Development Committee
 - Stewardship & Finance Committee
 - Outreach Working Group
- 12:30-1:30 p.m., Lunch (bring a sandwich, DRFM will provide tea, coffee, etc., and salad)
- 1:30-4:00 p.m. Meeting for Worship with a Concern for Business (Agenda to follow - please let Frank Massey know if you have agenda items) (frank.c.massey@gmail.com).