

*Cultivating the  
Sabbath  
Way of Life*

*First Friends Meeting  
June 3, 2018*

## *Gather and Center*

<b>Prelude</b>	<i>Prayer</i>	Broughton
<b>Welcome and Announcements</b>		Sheila Hoyer
<b>Joys and Concerns</b>		
<b>Silence for Centering Prayer</b>		

## *Listen and Respond*

<b>Hymn 742</b>	<i>Morning Dawns and Love Awakens</i>	supplemental hymnal
<b>Young Friends Message</b>		Sheila Hoyer
<b>Musical Meditation</b>	<i>Be Still and Know</i>	Bell
<b>Offertory Invitation and Prayer</b>		Benjamin Plummer
<b>Offertory</b>	<i>Brother James' Air</i>	arr. Shackley
<b>Scripture</b>	Deuteronomy 5:12-15; Mark 2:23-27	Benjamin Plummer
<b>Hymn 655</b>	<i>Come Away from Rush and Hurry</i>	
<b>Message</b>	"Sabbath Keeping"	Don Durham

### **Waiting Worship After the Manner of Friends**

*If led to speak, please stand and wait for a host to bring a microphone.  
Please allow for a few minutes of silence between messages.*

## *Go Forth in Spirit*

<b>Benediction</b>		Don Durham
<b>Sung Response</b>		

*Grant that we all, made one in faith,  
In your community may find the wholeness that,  
Enriching us, shall reach the whole of humankind.*

Please close Meeting for Worship by shaking hands with your neighbors.

## **Joining Don on the Facing Bench is Benjamin Plummer.**

**Ben Plummer** is 14 and a lifelong member of First Friends Meeting. He is an 8th grader at Kernodle Middle School and is on the football and wrestling teams. He enjoys music, electronics, and his cat Domino.

### **Musical Meditation - Be Still and Know**

Be still and know that I am God,  
And there is none beside me.  
Be still and know that I am God,  
And there is none beside me.

I am the one who calls you my friends...  
I am the one whose love never fails...  
Be still and know that I am God...

#### **First Friends warmly welcomes visitors.**

Please complete the visitor card and place it in the offering plate.

We invite you to contact pastoral staff with any questions.

Please help yourself to Quaker literature in the foyer.

**Activity packets** are available for children as well as a fully staffed nursery.

#### **Hearing devices are also available.**

Please see a morning host for assistance.

**Gentle Reminder:** Please silence all electronic devices.

## **Deuteronomy 5:12-15**

Observe the Sabbath day and keep it holy, as the LORD your God commanded you. Six days you shall labor and do all your work.

## **Mark 2:23-27**

One Sabbath Jesus was going through the grain fields and as they made their way his disciples began to pluck heads of grain.

The Pharisees said to him, "Look, why are they doing what is not lawful on the Sabbath?" and he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." Then he said to them, "The Sabbath was made for humankind, and not humankind for the Sabbath.

## JOYS AND THANKSGIVINGS

Thank you so very much for the love and support Nancy and I felt during my recent surgery. The visits, phone calls, cards, emails, iMessages, and food has been greatly appreciated. Knowing that I had my spiritual family praying for me gave me comfort. Thank you Friends! Robert Dixon

### **Thanks to our committed leaders of 10:00am Sunday Morning**

**Gatherings. Godly Play:** Emily Daniels, Allyson English, Kary Gray, Jennie Hunt, Emily Riley, Mary Stewart, Julie Tillman, Patrick Tillman and Kristina Wright. **Youth Group:** Sheila Hoyer. **Adult:** Jennifer Brigman, Cassandra Israel and Margaret Rowlett.

We are incredibly grateful for the work of accompaniment you offer as we walk this faith journey together. Thank you for building up our Beloved Community.

**Jennifer Brigman** will be attending Duke University's school of Nursing to obtain a BS and RN in nursing. Her ultimate goal is to become a Psychiatric Mental Health Nurse Practitioner, as there is a critical shortage of psychiatric providers in our state. She intends to specialize in women's and perinatal mental health care. She begins school full-time in August and is both excited and terrified to begin this endeavor! Please hold her in the light as these next months will be a challenge logistically, emotionally and financially!

### **IN THE LIGHT**

**Betsy Blake's mother, Becky Blake** was diagnosed with breast cancer and is preparing for surgery and radiation. Prayers are definitely appreciated!

**Traci Cossman's Dad, Wade Shelton** had surgery on Thursday, May 24 and prayers are appreciated. It's the second surgery recently and the family hopes it will alleviate the problems he's been dealing with for the past two months. Also hold Traci's mom, **Brenda Shelton** In the Light as she has also had a rough couple of months.

**Ann Burnett**, Chris Burnett's mom, as she recovers from surgery.

**Don Durham's mother, Ruth's** surgery went well and she is regaining her strength by leaps and bounds.

**Brad McHargue.** We hold Brad in our prayers as he continues treatment.

## **PRAYERS FOR ONGOING HEALTH CONCERNS**

Fred and Jean Small. Jim Wilkinson. Ray Hurley. Norman Rider. Dawn Davis' mother. Heidi McLaughlin's son Christopher. Mary Elizabeth Barwick and Patrick Tillman's mother, Marian. Helen's Hoffman's mother, Laurel Hayes. Akil Ramsey. Janis Hammett's cousin Alan Cochran. Jay McCracken and Diane Burn's granddaughter, Ruby. Steve Hoffman. Norm Klos. Ryan Barwick's friend, Dennis Schumann.

## **CALENDAR AND ANNOUNCEMENTS**

### **Join us this Sunday, June 3, 2018**

- 9:00am Unprogrammed Worship
- 9:45am Choir Rehearsal
- 10:00am No Small Group Gatherings: Summer Sabbatical
- 11:00am Meeting for Worship: Don Durham will bring the message.
- 12:00pm Ministry and Council, Library  
Bill Davis will be selling tickets to Grasshoppers Game scheduled for June 29, after Meeting for Worship in the Foyer. Tickets are \$11 each.
- 5:30pm Youth Group Meeting, Room 203

### **Summer Sabbatical for Sunday Morning Gatherings Begins:**

Starting in June all our children, youth and adult programming during the 10:00am hour will take a well-deserved sabbatical. The Christian Education Committee will begin planning the upcoming year that will begin in September with Kick-Off Sunday. If there are topics or speakers that you are interested in, please let anyone on the Christian Education Committee know. Committee members include: Jennifer Brigman, Emily Daniels, Allyson English, Kary Gray, Sheila Hoyer, Jeff Ray, Julie Tillman, Karen Watts. You can also email Sheila: [sheila@firstfriendsmeeting.org](mailto:sheila@firstfriendsmeeting.org) and she will relay your email to the committee.

**Monday, June 4**, Scholarship Committee Interviews, Gathering Room, 6pm.

**Tuesday, June 5**, Personnel Committee, Library, 6:30pm.

**Wednesday, June 6**, Stewardship Committee will meet in the Library, 7pm.

**Financial Peace University - *Take the first class free!* Join us from 2:00 - 4:00 pm on June 10**, no pre-registration required. If you like the class, you can register and pay that afternoon for the rest of the course. If you decide FPU isn't for you, you pay nothing and have no obligation of any kind. Adults and high school children in the same household can take the course and pay only \$99 per household. Contact Elizabeth Vance with any questions. [evance878@gmail.com](mailto:evance878@gmail.com).

**Youth Events - Here is What's Coming Up:**

**The Youth Group** is excited to let you know that we will experiment with having youth group meetings twice a month on Sunday evenings, the first and third Sundays of the month. The next gathering is today, June 3, from 5:30pm to 7:00pm. Bring \$5 for pizza and let Sheila know if there is a special order needed. [Sheila@firstfriendsmeeting.org](mailto:Sheila@firstfriendsmeeting.org).

**First Friends Meeting - Vacation Bible School 2018  
OPERATION EARTHCARE!**

**Job 12:7-10 NIV**

“But ask the animals, and they will teach you,  
or the birds in the sky, and they will tell you;  
or speak to the earth, and it will teach you,  
or let the fish in the sea inform you.

Which of all these does not know that the hand of God has done this?  
In God's hand is the life of every creature and the breath of all humankind.”

**WHAT:** Dinner, Story, Science Experiments, Crafts, Games and Ice Cream!

**WHEN:** Wednesday, **June 20th 5:30-8:00pm**

**WHERE:** First Friends Fellowship Hall

**WHY:** To celebrate our world, make new friends and learn something new.

**WHO:** All welcome! Geared to elementary age children and all youth and parents are welcome to come participate and help out.

## **First Friends at the Greensboro Grasshoppers Game! We're confirmed for June 29.**

Bill Davis will be selling tickets in the Foyer after Meeting for Worship on Sundays. Tickets will be \$11 each. Grasshoppers vs Delmarva. It will also be Princess in the Park Night. It's the most magical night of the season as the Hoppers invite children to Princess in the Park Night! One lucky fan will WIN A TRIP TO DISNEY WORLD, courtesy of PTI Airport and Allegiant Airlines. Bring your little princess to get nails painted and makeup done by one of their favorite princesses! You can also enter our princess dress-up contest on social media for a chance to be the Princess of the Game! There will also be **FANomenal Friday Fireworks**. Every Friday home game is a celebration! Enjoy our amazing postgame fireworks show and kick off your weekend in style!

**Special Program at Sword of Peace Alert!** Folks who enjoyed **Diane Faison's** visit to Springfield as Harriet Tubman earlier this year can see her again in a special program at the Sword of Peace outdoor drama in Climax, NC on Saturday, **June 16th at 7:00 pm** together with James Shields as Frederick Douglass. **Admission is FREE!**

**Friends Emergency Material Assistance Program (FEMAP)** is currently pulling together School Kits and Hygiene Kits to go to schools and individuals impacted by the recent tornado. School kits contain wide-ruled notebooks, pencils, small pencil sharpeners. Hygiene kits contain toothpaste, tooth brushes, deodorant, band-aids, wide-tooth combs, shaving cream, and big bottles of shampoo. If you wish to help pack the kits, show up at the Allen Jay House across from Springfield Friends Meeting on Wednesdays 10-2.



**North Carolina Fellowship of Friends (NCFF) Annual Meeting will be August 18 at Quaker Lake Camp...**(with the option of staying at camp Friday and/or Saturday nights). More information - schedule and registration form - coming later this week.

The minutes from the North Carolina Fellowship of Friends Meeting of April 7 at First Friends are on the NCFF website (<https://ncfriends.org/>).

**Cuba Meeting: 118th Anniversary.** *Celebrate Cuba Yearly Meeting's 118th Anniversary November 10-19, 2018.* Every year on November 14, Cuba Yearly Meeting celebrates the arrival in 1900 of the first Friends missionaries to the island. For the last few years, FUM (Friends United Meeting) has been sending Living Letters to join the celebration and to experience the life and witness of Cuban Quakerism. This one-week intervisitation trip is gentle enough for older Friends, and is focused on sharing in worship and fellowship. **Registration Deadline: June 13, 2018.** Total Cost for this trip is: \$1850.00. Questions? Contact Eden Grace at ([edeng@fum.org](mailto:edeng@fum.org)) or call 765-962-7573.

**NOTES, DOODLES AND REFLECTIONS...**

# COLORING PAGE



Everyday is a Sabbath day.

**First Friends is a Quaker Meeting  
building healthy relationships  
with God, one another, and all creation.**

**336-299-8869  
www.friendlymeeting.org  
office@firstfriendsmeeting.org**

**Office Hours:  
Monday: Closed  
Tuesday-Friday: 10:00am-3:00pm**

**Ministers: Everyone**

**Don Durham, Intentional Interim Pastor  
Sheila Hoyer, Pastor of Education and Outreach  
Monica Citty Hix, Minister of Music  
Ellen Ramsey, Office Manager  
Pam Reese, Treasurer  
Sidney Holliday, Nursery Care  
Adrian Quarles, Nursery Care  
Bill Davis, Monthly Meeting Presiding Clerk  
Beth Joyce, Clerk of Ministry and Counsel  
Margaret Rowlett, Clerk of Personnel Committee**

**To email a Clerk or Staff: (first name)@firstfriendsmeeting.org**  
Don, Sheila, Bill, Beth, Monica, Jean, Ellen or Pam

### **Sunday Gatherings**

Unprogrammed at 9:00 a.m. in the Gathering Room  
Choir Practice at 9:45 a.m.  
Sunday Morning Gatherings at 10:00 a.m.  
Semi-programmed at 11:00 a.m. in the Meetingroom

*Childcare available in the Nursery  
(Six years of age and younger)*