## JONAH:

## KNOWING THE GOD OF MERCY <br>  GOD'S <br> UNSINKABLE GRACE

First Friends Meeting January 28, 2018

## Gather and Center

PreludeGod of Grace
Manz
Welcome and Announcements
Joys and Concerns
Silence for Centering Prayer
Listen and Respand
Hymn 24God, You Spin the Whirling Planets
Offertory Invitation and PrayerJanice Kirkman
Offertory Great is Thy Faithfulnessarr. Rice
Scripture Reading
Jonah 3:1-5,10Janice KirkmanHymn 29
God of the Sparrow
Message"Changing the Immutable Mind of God"Don Durham
Waiting Worship After the Manner of FriendsIf led to speak, please stand and wait for a host to bring a microphone.Please allow for a few minutes of silence between messages.
Ga Farth in Spirit
Benediction
Don Durham
Sung ResponseSent Forth by God's BlessingHymn 712 (stanza 1)
Please close Meeting for Worship by shaking hands with your neighbors.

Joining Don on the facing bench is Janice Kirkman. Janice is a Greensboro native married to Robert forever (50+ years)! She is retired from Procter \& Gamble. They have a daughter, Kristin; a son-in-law, Brian; and a granddaughter, Emily, who is taking Drivers Education and loves serving at First Friends food pantry when school is not in session. Current job: babysitting Miranda! Janice and Robert are thankful to be at First Friends!

## Jonah 3:1-5,10

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you."

So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed God's mind about the calamity that was promised to bring upon them; and did not do it.

## First Friends warmly welcomes visitors.

Please complete the visitor card and place it in the offering plate.
We invite you to contact pastoral staff with any questions.
Please help yourself to Quaker literature in the foyer.
Activity packets are available for children as well as a fully staffed nursery.

Hearing devices are also available.
Please see a morning host for assistance.
Gentle Reminder: Please silence all electronic devices.

## JOYS AND THANKSGIVINGS

Thanking the Transition and Search Committee, Traci Cossman and the Hospitality Committee, and all of those who facilitated to help in last Sunday's Transition Conversation.

Thank you to David and Kathy Wrenn for their generosity in purchasing and cooking the meal for Greensboro Urban Ministry Night shelter last Tuesday evening.

## IN THE LIGHT

Brad McHargue. We continue to hold Brad in our prayers.
Janet Potter. Janet had successful surgery and is recovering at home. Continued prayers are appreciated.

## PRAYERS FOR ONGOING HEALTH CONCERNS

Fred and Jean Small. Jim Wilkinson. Ray Hurley. Norman Rider. Dawn Davis' mother. Heidi McLaughlin's son Christopher. Edith Shepherd's friend Jan. Mary Elizabeth Barwick and Patrick Tillman's mother, Marian. Traci Cossman's Aunt Polly and Uncle Bob. Helen's Hoffman's mother, Laurel Hayes. Akil Ramsey. Janis Hammett's cousin Alan Cochran. Diane Burn's granddaughter Ruby.

## CALENDAR AND ANNOUNCEMENTS

## This Sunday, January 28, 2018:

9:00am Labyrinth Walk from 9:00am-11:00am. Please join us for the Labyrinth Walk at First Friends Meeting in Fellowship Hall hosted by Unprogrammed Meeting. The path provides a space to reflect on past and future actions, confront fears, empower and transform. It enables us to center on the divine if we surrender with an open heart and mind. All are welcome!
10:00am Godly Play will be learning the story of Jonah in Room 205 The Youth Group will participate in the Labyrinth.
There will not be an Adult Small Group Gathering.
11:00am Meeting for Worship

Sheila Hoyer will be on vacation starting this Sunday through the next. She will be offline from January 28 through February 5, and will be back to work on Tuesday, February 6.

NC Fellowship of Friends, Business Meeting, February 3, 2018, 10:00am. Somerton Friends Meeting, 5239 Quaker Drive, Suffolk VA Directions: Take I-85 to South Hills, VA. Take Highway 58 east from Franklin, VA to Suffolk VA. Approximately 4 miles after the village of Holland, there is a sign indicating Somerton Friends Meeting next right. Turn on Lummis Road, follow it until it dead ends at Quaker Drive, Turn right on Quaker Dr., meetinghouse is approximately $1 / 2$ miles on the left. Please let Frank Massey know if your plans of attending has changed, and of additional items we need to consider.
frank.c.massey@gmail.com.

## From the House and Grounds Committee:

After 60 years the glue holding the treads on our stairs appears to be giving out! Last Sunday a tread came off one of the steps; fortunately no one was hurt, but we now know that we need to make some repairs to our stairs. All of the treads that are very loose will be re-glued by today. Others are slightly loose, and we will be inspecting and re-gluing all of the treads that need it in the near future. In the meantime you will see signs encouraging everyone to hold the banister and step carefully when going up or down the stairs. Thank you.

Sara Beth Terrell seeks volunteers to test drive and give feedback on a 2-hour workshop she's developing. The workshop will examine ways the normal, often unconscious patterns of oppositional and avoidant energy we use to try to change relationships or situations actually keeps them stuck. Please email Sara Beth at sarabethterrell@gmail.com if you are willing to help. Time and place TBA.

Financial Peace University Workshop will meet on Monday, January 29, 6:30pm in Room 103 (Adult Library).

Working Group to Undo Racism will meet on Tuesday, January 30, Room 208, 7:00pm. A great program is planned. Come and bring a friend.

Isaiah Bible Study will meet Thursday, February 1,11:00am in the Gathering Room.

Being Mortal Book Study will meet Thursday, February 1, 7:00pm in the Gathering Room.

Join Cuban Friends as They Build Their Future. Cuban Quakers are busy constructing buildings for their growing ministries. In June 2018, the Living Letters team will participate in Cuba Yearly Meeting's highest-priority building projects, working alongside Cuban Friends and skilled professionals. There will also be plenty of time for worship and fellowship with Cuban Quakers. For more information, contact Lisa Scarpelli at lisas@fum.org or call 765-962-7573. Registration Deadline: FEBRUARY 8, 2018.

## COLORNNG PAGE



First Friends is a Quaker Meeting building healthy relationships with God, one another, and all creation.

> 336-299-8869
> www.friendlymeeting.org office@firstfriendsmeeting.org

Office Hours:
Monday: Closed
Tuesday-Friday: 10:00am-3:00pm

## Ministers: Everyone

Don Durham, Intentional Interim Pastor Sheila Hoyer, Pastor of Education and Outreach Monica Citty Hix, Minister of Music Ellen Ramsey, Office Manager Pam Reese, Treasurer<br>Cidney Holliday, Nursery Care Adrian Quarles, Nursery Care<br>Bill Davis, Monthly Meeting Presiding Clerk Beth Joyce, Clerk of Ministry and Counsel Margaret Rowlett, Clerk of Personnel Committee

To email a Clerk or Staff: (first name)@firstfriendsmeeting.org Don, Sheila, Bill, Beth, Monica, Jean, Ellen or Pam

Sunday Gatherings
Unprogrammed at 9:00 a.m. in the Gathering Room Choir Practice at 9:45 a.m.
Sunday Morning Gatherings at 10:00 a.m. Semi-programmed at 11:00 a.m. in the Meetingroom

Childcare available in the Nursery (Six years of age and younger)

